

September 2016

DEVELOPING INDEPENDENCE

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|---|--|---|---|--|
| <p>Establishing routines develops independence.</p> <p>Skill: Family works together to plan weekly meals, set aside clothes, nappers, lunch boxes for Monday, clean kitchen after dinner, and set table for breakfast.</p> <p>Prepare for tomorrow.</p> | <p>Having a place where things belong, develops independence. Skill: Show child where dirty clothes go. Show child how to clean self in shower or bath. Allow child to practice.</p> <p>Prepare for tomorrow.</p> | <p>Support your child as he/she grows out of their infant phase and into the preschool stage, by having him/her walk to places rather than being carried in arms.</p> <p>Skill: Practice walking into different environments.</p> <p>Prepare for tomorrow.</p> | <p>Support your child as he/she grows out of their infant phase and into the preschool stage, by not responding to crying in the same way you responded as in the baby phase. Your child can talk now, give your child the vocabulary and the opportunity to communicate in a civil manner.</p> <p>Skill: Move away from crying as the method of communication. Give your child vocabulary to express feelings, wishes, needs.</p> <p>Prepare for tomorrow.</p> | <p>Support your child as he/she grows out of their infant phase and into the preschool stage, by not doing the things your child has learnt how to do by him/herself. Doing things for your child fosters dependence not independence.</p> <p>Skill: Provide time and space for child to practice becoming confident in doing things for him/herself.</p> <p>Eg putting on shoes, dressing self, tidying up, helping with household chores.</p> <p>Prepare for tomorrow.</p> | <p>Support your child as he/she grows out of their infant phase and into the preschool stage by teaching them how to accept guidance from another. As a child grows, their world becomes a bigger place with more opportunities for danger. Skill: Show child how to listening to instructions and how to follow through on them.</p> <p>Prepare for tomorrow.</p> | <p>Maintain routines and eating habits. Go out or invite friends and family and have fun.</p> <p>Skill: Go out or invite friends and family and have fun.</p> <p>Both preparation and fun will reduce stress and anxiety and ensure smooth tomorrows.</p> |

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Mammals, Africa, International Day of Peace

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|---|--|--------------------------|--------------------------------------|--|
| 28 Am Yoga – M, W, F Am Dance – T, Th Am Music – M,W,F Pm Violin - M Pm Chinese – W, Th | 29 Monthly birthday celebration | 30 | 31 Fire drill 9:00 | 1 | 2 Grandparents Day 9:00 | 3 August Birthdays: Asha and Gus 8/6 – 4 Mara 8/25 – 5 Maria Montessori 8/31 - 146 |
| 4 Letter of the Week – C Peace Education: Respect | 5 No School – Labor Day | 6 Parent Education: Practical Life 5:30 – 7:00 Living – Non-living Sandpaper globe P.E. - Metaphor | 7 6 Kingdoms of Living Things | 8 Animal Kingdom | 9 Vertebrates - Invertebrates | 10 |
| 11 Letter of the Week - O | 12 5 Classes of Vertebrates P.E. – Role play | 13 Continent Globe Continent Song | 14 Fire Drill 9:00 Find Africa | 15 Mammals | 16 Forest Ecology field trip 8:30 | 17 |
| 18 Letter of the Week - A | 19 Characteristics of Mammals P.E. - Affirmation | 20 Land and Water Forms | 21 International Day of Peace | 22 Autumnal Equinox | 23 African Quilt Project | 24 |
| 25 Letter of the Week - D Peace Education: Trust | 26 What Mammals need to survive P.E. Metaphor Monthly Birthday celebration | 27 World puzzle map Trace/punch Africa Children of Africa | 28 Begin Swahili language | 29 Parent morning | 30 Parent morning | September Birthdays Evelyn 9/5 – 4 Greer 9/16 - 6 |