



Children's House Meal Plan

February 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	30 <u>AM Snack</u> Corn Muffin <u>Lunch</u> Spaghetti and Meatballs <u>PM Snack</u> Bread & Almond Butter	31 <u>AM Snack</u> Brioche <u>Lunch</u> Classic Meat Pie <u>PM Snack</u> Pita chips and dip	1 <u>AM Snack</u> Bran Muffin <u>Lunch</u> Cheese Ravioli <u>PM Snack</u> Homemade Granola Bar	2 <u>AM Snack</u> Yogurt and Granola <u>Lunch</u> Steak Quesadilla <u>PM Snack</u> Cheese and Crackers	3 <u>AM Snack</u> Blueberry Muffin <u>Lunch</u> Asian Dumplings <u>PM Snack</u> Pecans and Walnuts	4
5	6 <u>AM Snack</u> Zucchini Bread <u>Lunch</u> Chicken Coconut Curry <u>PM Snack</u> Fruit Pikelets	7 <u>AM Snack</u> Breakfast Muffin <u>Lunch</u> Taco Tuesday <u>PM Snack</u> Pita chips and Hummus	8 <u>AM Snack</u> Fruit Smoothie <u>Lunch</u> Lentils and Egg Noodles <u>PM Snack</u> Cheese on Multigrain	9 <u>AM Snack</u> Peanut Butter Fingers <u>Lunch</u> Cheese Pizza and Veggies <u>PM Snack</u> Apple Bread	10 <u>AM Snack</u> Biscuits and Jam <u>Lunch</u> Grilled Chicken Doner <u>PM Snack</u> Peanut Butter Crackers	11
12	13 <u>AM Snack</u> Banana Bread <u>Lunch</u> Pierogis and Veggies <u>PM Snack</u> Cheese Rollup	14 <u>AM Snack</u> Cheese and Crackers <u>Lunch</u> Pizza and Veggies <u>PM Snack</u> Cheese Biscuits	15 <u>AM Snack</u> Pecan Granola <u>Lunch</u> Cheese and Meat Borek <u>PM Snack</u> Fig Muffin	16 <u>AM Snack</u> Pita Chips and Hummus <u>Lunch</u> Chicken & Veggie Kebob <u>PM Snack</u> Walnuts and Pecans	17 <u>AM Snack</u> Cinnamon Muffin <u>Lunch</u> Spaghetti and Meatballs <u>PM Snack</u> Piklets	18
19	20 NO SCHOOL 	21 <u>AM Snack</u> Yogurt and Granola <u>Lunch</u> Cheese Burger <u>PM Snack</u> Wheat Bread & Jam	22 <u>AM Snack</u> Ricotta Pancakes <u>Lunch</u> Pizza and Veggies <u>PM Snack</u> Cheese and Crackers	23 <u>AM Snack</u> Fiber One Muffin <u>Lunch</u> Orange Chicken <u>PM Snack</u> Mixed Nuts	24 <u>AM Snack</u> Breakfast Muffin <u>Lunch</u> Beef Stroganoff & Noodles <u>PM Snack</u> Pita chips and Hummus	25
26	27 <u>AM Snack</u> Blueberry Muffin <u>Lunch</u> Pasta Primavera <u>PM Snack</u> Almond Butter Bun	28 <u>AM Snack</u> Croissant <u>Lunch</u> Taco Tuesday <u>PM Snack</u> Peanut butter crackers				