

# **Useful Resources**

## **PROGRAM REVIEW**

Alabama Quality STARS

<http://alabamaqualitystars.org/>

Early Childhood Environment Rating Scale – Revised (ECERS-R) and  
Infant Toddler Environment Rating Scale – Revised (ITERS-R)

<http://ersi.info/>

Program Administration Scale (PAS)

<http://mccormickcenter.nl.edu/program-evaluation/program-administration-scale-pas/>

## **INFORMATION FOR PARENTS**

NAEYC Message in a Backpack

<http://www.naeyc.org/tyc/backpack>

NAEYC for Families

<http://families.naeyc.org/>

NAEYC for Families Child Development Page

<http://families.naeyc.org/learning-and-development/child-development-view>

Alabama Parent Assistance Line (PAL)

<http://www.pal.ua.edu/>

## **HEALTH RESOURCES**

Kid's Health from Nemours

(Information on child development and health)

<http://kidshealth.org/parent/>

Healthy Children from American Academy of Pediatrics

(Information on child development and health)

<http://www.healthychildren.org/>

Children's Health

(Information on child health)

<https://www.childrens.com/health-wellness/featured-content>

## **Useful Resources**

Caring for Our Children 4<sup>th</sup> Edition  
(Health and Safety Guidelines for Early Care and Education Programs)  
<https://nrckids.org/files/CFOC4%20pdf-%20FINAL.pdf>

Building a Healthy Start Infant and Toddler Training Modules by Alabama Department of Public Health  
<http://www.alabamapublichealth.gov/healthystart/modules.html>

Be a Germ Buster Poster by Minnesota Department of Health  
<http://www.health.state.mn.us/people/handhygiene/wash/fsgermbuster.pdf>

### **NUTRITION RESOURCES**

Choose My Plate from USDA  
(Information, literature, posters, games, songs, etc. on nutrition and physical activity)  
<http://www.choosemyplate.gov/kids>

We Can! Eat, Play, Grow Nutrition Curriculum for Families  
[http://cmom.org/sites/default/files/EatPlayGrowTM\\_Curriculum.pdf](http://cmom.org/sites/default/files/EatPlayGrowTM_Curriculum.pdf)

### **CHILD DEVELOPMENT RESOURCES**

Developmental Milestones by Centers for Disease Control and Prevention  
(Information about typical milestones two months to five years)  
<http://www.cdc.gov/ncbddd/actearly/milestones/>

Zero to Three  
(Developmental information on children birth to three)  
<http://www.zerotothree.org/?referrer=https://www.google.com/>

NAEYC Teaching Young Children (TYC) journal past issues  
<http://www.naeyc.org/tyc/pastissues>

# **Useful Resources**

## **PARENT & STAFF SURVEYS**

NAEYC Family Survey

<http://www.dhcdc.org/pdf/NAEYCFamilySurvey2012.pdf>

## **EARLY CHILDHOOD LEARNING GUIDELINES AND STANDARDS**

Alabama Development Standards for Preschool Children  
(Standards for Alabama's First Class Pre-K program)

[http://children.alabama.gov/wp-content/uploads/sites/4/2017/03/2013\\_Developmental\\_Standards\\_with\\_missing\\_pages.pdf](http://children.alabama.gov/wp-content/uploads/sites/4/2017/03/2013_Developmental_Standards_with_missing_pages.pdf)

Alabama Early Learning Guidelines (AELG) training book

[http://dhr.alabama.gov/large\\_docs/AELG.pdf](http://dhr.alabama.gov/large_docs/AELG.pdf)

National Association for the Education of Young Children (NAEYC) Early Childhood Program Standards

<https://www.naeyc.org/our-work/families/10-naeyc-program-standards>

## **ALABAMA CHILD CARE QUALITY ENHANCEMENT RESOURCES**

Alabama Pathways to Quality Care and Education (Lattice included)

[http://dhr.alabama.gov/Announce\\_Links/Pathways/PATHWAYS%20Print.PDF](http://dhr.alabama.gov/Announce_Links/Pathways/PATHWAYS%20Print.PDF)

Alabama Child Care Quality Enhancement Agencies

<http://alabamaqualitystars.org/wp-content/uploads/2018/10/Quality-Enhancement-Contracts-Chart-CURRENT.pdf>

Alabama Infant Toddler Professional Development Network

<http://aitpdn.org/>

Minimum Standards for Day Care Centers and Nighttime Centers Regulations and Procedures

[http://dhr.alabama.gov/documents/MinimumStandards\\_DayCare.pdf](http://dhr.alabama.gov/documents/MinimumStandards_DayCare.pdf)

# Useful Resources

## ONLINE PROFESSIONAL DEVELOPMENT

Early Childhood Investigations Webinars

<http://www.earlychildhoodwebinars.com/presentations/>

Texas A&M Agrilife Extension: Childcare Courses

[http://extensiononline.tamu.edu/courses/child\\_care.php](http://extensiononline.tamu.edu/courses/child_care.php)

Penn State Extension: Better Kid Care

(Free online training, fee for certificates)

<http://extension.psu.edu/youth/betterkidcare/on-demand>

Alabama Public Television

(Online AELG and other trainings)

<http://aptv.org/IQLEARNING/earlychildhood.asp>

American Academy of Pediatrics

Reducing the Risk of SIDS and SUID in Early Education and Child Care

<https://shop.aap.org/aap-store/inriverassociations/reducing-the-risk-of-sids-and-suid-in-early-education-and-child-care/>

## CHILD ASSESSMENTS AND SCREENERS

Understanding and Choosing Assessments and Developmental Screeners for Young Children  
Ages 3 – 5: Profiles of Selected Measures

[http://www.acf.hhs.gov/sites/default/files/assets/screeners\\_final.pdf](http://www.acf.hhs.gov/sites/default/files/assets/screeners_final.pdf)

Developmental and Behavioral Screening Guide for Early Care and Education Providers

[https://www.wested.org/wp-content/uploads/2016/11/1429744369aECEScrngGde\\_final\\_042315\\_v34b-3.pdf](https://www.wested.org/wp-content/uploads/2016/11/1429744369aECEScrngGde_final_042315_v34b-3.pdf)

Birth to 5: Watch Me Thrive! A Compendium of Screening Measures for Young Children

[https://www.acf.hhs.gov/sites/default/files/ece/screening\\_compendium\\_march2014.pdf](https://www.acf.hhs.gov/sites/default/files/ece/screening_compendium_march2014.pdf)

Focus First Vision Screenings

Vision screenings for centers serving low-income families, operated by The Center for Ethics and Social Responsibility

Call Impact America to schedule appointments at 205 934-0064

<https://impactamerica.com/focusfirst/>

Ages and Stages Questionnaire through Help Me Grow Alabama

<https://helpmegrowalabama.org/families/developmental-screenings/>