

DEVELOPMENTAL CHECKLIST

MOTOR SKILLS (GROSS / FINE)

Birth – One

One – Two

Pretest Posttest
Date Date

Pretest Posttest
Date Date

		1. Rolls over			1. Walks alone
		2. Sits without support			2. Picks up toys from floor without falling
		3. Crawls			3. Squats
		4. Pulls self to stand			4. Holds objects to his chest
		5. Stands alone			5. Likes to close doors
		6. Cruises around furniture			6. Tries to walk backwards
		7. Walks with adult assistance			7. Walks up and down stairs
		8. Rolls a ball			8. Moves to music
		9. Swats at toys			9. Stacks 3 blocks
		10. Puts objects in mouth			10. Puts rings on a stick
		11. Transfers object from one hand to the other			11. Turns pages in book 3 or 4 at a time
		12. Bangs toys together in front of himself			12. Scribbles
		13. Drops things purposely			13. Turns knobs
		14. Picks things up with thumb and one finger			14. Throws small ball

Two - Three

Three - Four

Pretest Posttest
Date Date

Pretest Posttest
Date Date

		1. Kicks ball forward			1. Walks backwards
		2. Runs, leaning forward			2. Walks up stairs, one foot a step
		3. Bends at waist to pick up objects			3. Stands on one foot momentarily
		4. Jumps in place, two feet together			4. Rides tricycle
		5. Walks on tiptoes			5. Climbs on playground equipment
		6. Turns pages, one at a time			6. Cuts between the lines
		7. Strings 4 large beads			7. Draws in path maze
		8. Holds crayon with thumb and finger, not fist			8. Draws geometric shapes
		9. Imitates circles and straight lines			9. Walks swinging arms and legs freely
		10. Pounds, squeezes and pulls play dough			10. Catches ball from straight arm position
					11. Draws human figure or face with features
					12. Holds pen between 1 st 2 fingers & thumb

Four - Five

Five - Six

Pretest Posttest
Date Date

Pretest Posttest
Date Date

		1. Throws ball overhand			1. Walks on a balance beam
		2. Walks backward toes to heel			2. Skips
		3. Standing broad jump			3. Can swing independently
		4. Turns somersault			4. Jumps forward
		5. Hops on one foot			5. Jumps backward
		6. Skips			6. Dribbles a ball
		7. Cuts on line			7. Throws a ball
		8. Copies cross			8. Rides a bicycle
		9. Copies square			9. Knows what he is going to draw before he draws it
		10. Attempts to write own name			10. Can print own name
					11. Uses scissors, can cut on the line
					12. Prints some letters
					13. Learning how to tie shoes
					14. Can dial a phone number

COMMUNICATION SKILLS

Birth – One

Pretest Posttest
Date Date

		1. Turns head to voices and sounds
		2. Responds with gesture to hi, bye-bye and up when these words are used with gestures
		3. Responds to "no"
		4. Babbles
		5. Tries to imitate sounds
		6. Combines syllables – ma-ma, da-da, bye-bye

One – Two

Pretest Posttest
Date Date

		1. Points to objects when asked
		2. Understands prepositions - on, in, under
		3. Follows simple directions
		4. Says first meaningful word
		5. Says single words
		6. Says own name
		7. Uses "mine" to indicate possession
		8. Has vocabulary of about 50 words

Two - Three

Pretest Posttest
Date Date

		1. Points to pictures of common objects when they are named
		2. Understands "what" and "where" questions
		3. Understands "no", "can't", "don't"
		4. Enjoys simple storybooks and rhymes
		5. Talks in two word phrases
		6. Gives first and last name
		7. Asks what and where questions
		8. Makes negative statements "can't"
		9. Shows frustration at not being understood

Three - Four

Pretest Posttest
Date Date

		1. Follows directions about placing one item "beside" or "under" another
		2. Uses 50 words in spontaneous speech
		3. Uses 4 word sentences
		4. Understands passive sentences
		5. Describes what he is doing
		6. Responds appropriately to the question "How old are you?" and "Are you a girl or a boy?"
		7. Responds and makes verbal greetings

Four - Five

Pretest Posttest
Date Date

		1. Follows 3 unrelated directions in order of request
		2. Understands words used to compare
		3. Listens to long stories
		4. Understands the sequence of events
		5. Listens to others when it is their turn to talk
		6. Tells a story
		7. Asks when, how and why questions
		8. Joins sentences together
		9. Uses phrases beginning with because & so
		10. Tells about a story, but may confuse facts

Five - Six

Pretest Posttest
Date Date

		1. Can repeat address
		2. Knows phone number
		3. Able to tell stories
		4. Asks meanings of words
		5. Tells simple jokes
		6. Asks "what if" questions

ADAPTIVE BEHAVIOR SKILLS

Birth – One

One – Two

Pretest Posttest
Date Date

Pretest Posttest
Date Date

Pretest Date	Posttest Date	Skills	Pretest Date	Posttest Date	Skills
		1. Feeds self cracker			1. Uses spoon
		2. Holds cups with two hands			2. Drinks from a cup alone
		3. Hold out arms and legs while being dressed			3. Hands over his dish when done
					4. Removes shoes, socks
					5. Unzips large zipper
					6. Indicates when needs diaper change

Two - Three

Three - Four

Pretest Posttest
Date Date

Pretest Posttest
Date Date

Pretest Date	Posttest Date	Skills	Pretest Date	Posttest Date	Skills
		1. Uses spoon			1. Fixes simple food, spreading butter on cracker or bread
		2. Drinks from a fountain			2. Snaps or hooks clothing in front
		3. Turns handle to open door			3. Hangs clothing on hook
		4. Takes off coat			4. Tells adult of toilet needs in time to get to toilet
		5. Puts on coat with assistance			5. Laces
		6. Washes and dries hands with assistance			6. Washes and dries hands and face without assistance
					7. Pours milk and juice with some assistance
					8. Puts shoes on correct feet
					9. Drinks from water fountain independently
					10. Unzips front of zipper on jacket, separating zipper
					11. Takes responsibility for toileting – requires assistance in wiping
					12. Buttons series of three or four buttons
					13. Cleans up spills, getting own cloth
					14. Goes to toilet alone

Four - Five

Five - Six

Pretest Posttest
Date Date

Pretest Posttest
Date Date

Pretest Date	Posttest Date	Skills	Pretest Date	Posttest Date	Skills
		1. Cuts easy foods with knife			1. Likes to finish what he starts
		2. Laces shoes			2. Can fix a simple snack for himself
		3. Dresses self with minimal help			3. Able to select appropriate clothes for the weather
					4. Uses appropriate utensils for food served
					5. Accepts and carries out responsibility for some household tasks

COGNITIVE SKILLS

Birth – One

Pretest Posttest
Date Date

		1. Follows moving object with eyes
		2. Responds to and imitates facial expressions of others
		3. Responds to very simple directions
		4. Copies simple actions of others
		5. Puts small objects in and out of container
		6. Recognizes differences among people

One – Two

Pretest Posttest
Date Date

		1. Imitates actions and words of adults
		2. Responds to simple commands – “come here”, “get down”
		3. Matches two similar objects
		4. Names or points to familiar objects

Two - Three

Pretest Posttest
Date Date

		1. Responds to simple directions
		2. Matches objects that go together
		3. Stacks rings on peg in order of size
		4. Recognizes self in mirror
		5. Can talk briefly about what he is doing
		6. Imitates adults works
		7. Discriminates simple shapes

Three - Four

Pretest Posttest
Date Date

		1. Stacks 6 to 7 blocks
		2. Matches simple shapes
		3. Responds to “one” and “one more”
		4. Puts graduated sizes in order
		5. Matches objects by color, shape and size
		6. Remembers and names which 3 objects have been hidden
		7. Describes familiar objects without seeing them
		8. Recalls 1 or 2 elements of a story read
		9. Repeats finger plays w/ words & actions
		10. Counts by rote to 5
		11. Matches objects that have same function
		12. Builds bridge using 3 blocks
		13. Understands “same” & “different”
		14. Sorts object by one criterion
		15. Understands concept of the number 3
		16. Understands “more”, “less”, “same”

Four - Five

Pretest Posttest
Date Date

		1. Plays with words-rhyming, made up words
		2. Points to and names 4 – 6 colors
		3. Matches picture of familiar objects
		4. Draws a person with 4 to 5 recognizable parts, such as head, arms, legs and can name or match drawn parts to own body
		5. Identifies a few letters of the alphabet
		6. Draws, names and describes recognizable picture
		7. Counts by rote to 5
		8. Knows own street and town
		9. Can talk about yesterday or last week, about today and what will happen tomorrow

Five - Six

Pretest Posttest
Date Date

		1. Knows own name and address
		2. Plays complicated floor games
		3. Plays simple table games
		4. Plans and builds constructively
		5. Relates clock time to daily schedule
		6. Can group and classify similar objects or things
		7. Can predict what happens next
		8. Knows own birthday
		9. Knows some sight words
		10. Can add simple sums
		11. Knows some characteristics of the four seasons

SOCIAL EMOTIONAL

Birth – One

Pretest Posttest
Date Date

One – Two

Pretest Posttest
Date Date

		1. Smiles spontaneously			1. Responds to no
		2. Recognizes main caregiver			2. Refers to self by name
		3. Responds differently to strangers than to familiar people			3. Likes to play peek-a-boo games
		4. Recognizes own name			4. Likes to be chased
		5. Explores body with mouth and hands			5. Imitates adults in simple tasks
		6. Shows emotions – looks hurt, sad, happy, uncomfortable, angry			6. Plays along side another child
		7. Claps hands, waves bye-bye in imitation of adult			7. Actively explores environment

Two - Three

Pretest Posttest
Date Date

Three - Four

Pretest Posttest
Date Date

		1. Plays near other children			1. Separates from parent in familiar surroundings without crying
		2. Joins briefly in play with other children			2. Sings familiar songs with adults
		3. Participates in simple group games and activities			3. Spontaneously greets familiar person by hugging
		4. Knows if he/she is a boy or a girl			4. Usually takes turns
		5. Doesn't like to be held onto			5. Puts toys away neatly when asked
		6. Cannot share			6. Follows rules given by adults for new activities or simple games
					7. Spends most group time in solitary activity, watching other children
					8. Laughs at combinations of incongruous events and use of words
					9. Asks for assistance when having difficulty
					10. Able to identify whether he or she is a boy or girl

Four - Five

Pretest Posttest
Date Date

Five - Six

Pretest Posttest
Date Date

		1. Plays cooperatively with group of children			1. Is capable of self criticism
		2. Play groups have distinct leaders and followers			2. Proud of his possessions
		3. Is able to take turns			3. Shows concern and sympathy
		4. Helps with errands or putting away toys			4. Bosses
					5. Respects property
					6. Chooses own friends
					7. Gets along well in small groups
					8. Identifies own feelings – happy, mad, love
					9. Feels guilty for wrong doings

