

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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2	3	4	5	6	7	8
9 Nutrition Choose my plate - Lesson 1	10 Teachers Prep	11 Teachers Prep	12 Parents/Students meet teachers	13 (11:30am Dismissal) Our peaceful classroom My space Personal/Classroom hygiene and bathroom manners	14 (2:00pm Dismissal) Our peaceful classroom Rug rolling Quiet walking Lessons from shelf Outdoor rules	15
16 Art for the week Name collage Nutrition Healthy food choices	17 (5:30pm Dismissal) Review personal/ Classroom hygiene Outside vs Inside Wringing out rags	18 FIRE DRILL 8:00pm - 8:45pm Mandatory Zoom meeting with parents Demonstrate peaceful conversations Folding clothes	19 Practical Life Lessons (pouring water, carrying tray, hand washing)	20 Practical Life Lessons (cutting with scissors, broom and pan, cleaning tables)	21 Practical Life Lessons (holding writing utensils, tracing hand, tying and untying knots)	22
23 Letter of the week A Food groups Fruits & Vegetables	24 Control of my body (balance, walking quietly, using damp rag to clean face etc.)	25 FIRE DRILL Nourishing the body (food and exercise) Table manners	26 Observing others while working Stillness, silence	27 Staff meeting Voice control (loud, soft)	28 Sitting on the floor or in chair	29
30 Letter of the week B Grains & Proteins	31 Five senses (sight and visual) Progress report	1 Eye (Nutrients)	2 Pupil	3 Eyelid	4 Tears	

Advisory Notice: Children who do not choose to participate are free to choose other activities